



IN2U Relationships, LLC

Presents: Man Up!

Building Trust in Relationships

Educational and experiential classes designed for men with disabilities to learn about healthy relationships, interpersonal skills, and human sexuality.

6 Educational Modules – 1 hour sessions feature educational instruction interpersonal work. We will have small group of 10-14 men.

Sessions Include:

- Learning about self
- Identifying Gifts and Capacities
- Conversational Skill building
- Learning about different types of relationships
- Identifying the Talk, Trust, and Touch for relationships
- Increasing knowledge about Anatomy and human sexuality
- Includes all support materials for students
- Confidential conversations with safety net for the group

Dates Saturdays – September 15-22-29 & October 13-20-27

Ages: 16-23

Time: 11:15am-12:15pm

Registration Fee: \$50.00

Place: South Shore Support Services

884 Washington Street

Weymouth, MA 02189

Please complete the registration form by visiting our website www.soshoresupport.org or stop by
South Shore Support Services
435 Columbian Street Weymouth, MA 02190.

Any questions please contact Family Support Center (781) 331-7878
Ext. 11 (voicemail available) or Email: rmccorkle@soshoresupport.org