



## Launch into Spring!



Doesn't this picture launch you into spring? Maybe you would like your flower garden to look like this? Then get in touch with Launch Cohasset. This, too, is what they could do for you. Your landscaping would be done with such care and beauty. But this isn't all the participants at Launch

Cohasset have been busy doing.

Laurel Hickey, Program Director at Launch Cohasset, reports: Patrick has completed his 4th class at Quincy College finishing with an A in English Composition. Devin, Nick, Patrick, Kevin, and Hannah completed the Self Advocacy and Leadership program in March 2017. This is a nine week program run by the Mass Council. Bobby is currently working at Papa Gino's in Cohasset independently working two shifts a week. He even works Monday Holidays!! Becky recently completed her first semester at Well Spring for HySet (High School) diploma training and studying she will be taking the test for her GED which will open many vocational opportunities for this young hard worker. Way to go Launch Cohasset! We are proud of you. Keep up the good work.

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### How to reach us:

#### Administrative Office

Phone: (781) 331-7870  
E-mail: info@soshoresupport.org

#### Family Support Center

Phone: (781) 331-7878  
E-mail: fsc@soshoresupport.org

#### Training Center

Phone: (781) 331-8420  
E-mail: mfield@soshoresupport.org

## In Full Swing!

Our tenth annual golf tournament and dinner/auction is on its way and preparations for it are in full swing. So, put together your best foursome and mark your calendar for Friday, October 6.

After the tournament, dinner will be provided at the South Shore Country Club by Raffael's. Raffles, silent auction, live auction, and dancing will follow.

The cost to play in the tournament is \$600 (foursome) or \$150 (individual). **Dinner Only** is available to golf fans/friends of SSSS for only \$55.

Can't play or attend the dinner? Want to help in another way? Sign up to be a sponsor - or donate an item or service for our raffle or auction. Buy a ball drop ticket ... closest to the pin wins \$500. All proceeds help us support our individuals to "live meaningful lives".



## Agency With Choice

An Agency With Choice helps individuals/families engage in self-determination - a long standing value of South Shore Support Services. Agency With Choice is an agency that agrees to hire the individual you choose to provide services to you subject to the agency personnel policies. Agency With Choice is known as a co-employment model. This means that the duties are split between the Agency which serves as the employer and you who serves as the managing employer. The individual becomes an employee of the agency and the agency agrees to help you train, and manage the staff. The Agency With Choice negotiates a rate to be paid for the person you want to hire. When you choose an Agency With Choice you agree to partner with the Agency on setting the employee's schedule and routines and in training and supervising the individual. You may discharge the employee from working with you, but ultimately, the Agency With Choice retains the final decisions about the employee since the Agency retains the responsibility of being the individual's employer. The Agency With Choice will give you a monthly financial report to let you know if you are spending what you have budgeted on the items you planned and if you are spending too much and need to make adjustments to stay within your budget. South Shore Support Services is an Agency With Choice provider in the South Coastal Area.

Mark you calendars for September 21, 2017 from 6:30pm - 8:00pm! Mr. Ed Wilson, DDS Regional Manager for Self-Directed Supports in the Southeast Region will provide an overview of Self-Directed services as well as traditional service options. Both Jena Shea, whose son John receives Agency with Choice services, and Andi Lunden, whose daughter, Carol is enrolled in the Participant Directed Program, will share the innovative ways in which John and Carol have taken control of their services and are living ordinary lives filled with purpose and meaning. This event will be held at the Family Support Center, 435 Columbian Street, Weymouth, MA 02190. Please register by calling (781) 331-7878 ext. 11.

## Adult Family Care

Attention Caregivers! Effective May 5, 2017, Mass Health has approved new regulations pertaining to the AFC Program. These regulations require that we re-evaluate all of our cases within a short period of time.

Over the next few months your Registered Nurse and Case Managers will be re-assessing the ADL's (Activities of Daily Living) and any other needs required by you as a caregiver. Based on these new regulations, a small number of you may be re-leveled and/or discharged. Please know that Mass Health has stated that an appeal process will be in place soon if you disagree with the outcome.

I assure you that we will work diligently and fairly during this process to assure we represent the level of care you are providing. We know each and every one of you works hard and provides quality care.

If you have any questions or concerns regarding this process, please do not hesitate to contact Kathy Ford, RN, AFC Program Director at (781) 331-7870 ext. 22.

## South Shore Support Services Training Center

### **First Aid**

(required every two years)

July 12, August 9, and September 6 at 1:00pm

### **CPR**

(required every two years)

July 26, August 23, and September 20 at 2:00pm

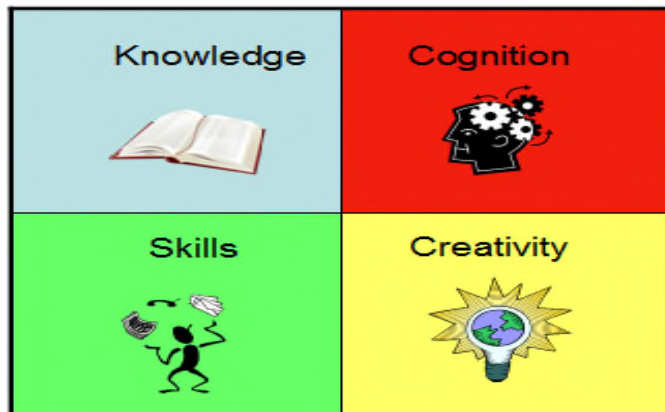
### **Medical Emergencies & Vital Signs**

July 25 and August 28 at 10:00am

September 14 at 6:30pm

### **Introduction to Autism Spectrum Disorders**

July 13 at 1:00pm



Carmen Diana died peacefully at Good Samaritan's Medical Center in Brockton on May 13.

Carmen had a strong sense of self-advocacy, but she also understood the value of being connected to others. "We are the World", one of the songs played at Carmen's memorial service reminds us of the importance of reaching out to each other...

*There comes a time when we heed a certain call*

*When the world must come together as one*

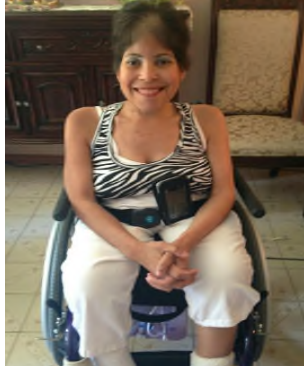
*There are people dying*

*And it's time to lend a hand to life*

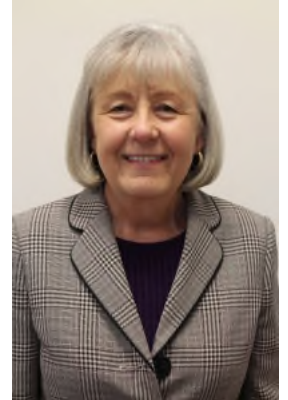
*The greatest gift of all.*

Carmen enjoyed spending time by going out shopping with her staff and friends. She always looked forward to signing up for classes at Massasoit Community College each September.

We will miss her self-advocacy, and a smile that showed she truly cared for those she loved. So long as we live, she too shall live, for she is now part of us, and we remember her.



South Shore Support Services wishes Elin Howe, DDS Commissioner, a very happy retirement!



Thank you for being a tireless advocate of family support.

Your presence will be felt for many years to come.

## Family Support Center

### **Music Therapy Classes - Ages 14+**

July 10, 17, 24, 31 & August 7, 14, 21, 28

4:30pm - 5:30pm

### **Mix Up Mondays - Ages 14+**

July 10, 17, 24, 31 & August 7, 14, 21, 28

6:00pm - 7:30pm

### **Zumba Classes - Ages 12+**

July 11, 18, 25 & August 1, 8, 15, 22, 29

4:30pm - 5:30pm

### **News2You Classes - Ages 13+**

July 11, 18, 25 & August 1, 8, 15, 22, 29

6:00pm - 7:30pm

### **Kids Music Therapy Classes - Ages 5-12**

July 12, 19, 26 & August 2, 9, 16, 23, 30

4:30pm - 5:30pm

### **C.A.L.M. Club (Community - Activities - Life-skills - Money Management) - Ages 35+**

July 12, 19, 26 & August 2, 9, 16, 23, 30 & September 6, 13, 20, 27

6:00pm - 8:30pm

### **Karate Classes - Ages 12+**

July 13, 20, 27 & August 10, 17, 24, 31 & September 7

5:15pm - 6:00pm

### **Yoga Classes - Ages 12+**

July 13, 20, 27 & August 10, 17, 24, 31 & September 7

6:15pm - 7:15pm





*Supporting Individuals to  
Live Meaningful Lives...  
One Person at a Time*

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***Please notify us of any address changes or corrections.***

**Trainings Continued...**

**Diabetes & Blood Sugar Monitoring**

July 27 at 10:00am

**Aspiration & Dysphasia**

August 14 at 10:00am

**BPH/Prostrate, UTI & Catheter Care**

August 29 at 6:30pm

**Ostomy Care & Skin Care**

September 11 at 10:00am

**Alzheimer's Disease**

September 15 at 10:00am

**Fundamentals of Traumatic Brain Injury**

September 25 at 10:00am

**Growing Older: Implications for People with  
Intellectual & Developmental Disabilities**

September 28 at 10:00am

These trainings (and others) are open to staff, family members, and caregivers. For more information about any of the classes at the Training Center or to register, please contact Michael Field, Director. You may reach him by calling (781) 331-8420 or by email: [mfield@soshoesupport.org](mailto:mfield@soshoesupport.org).

**Family Support Center Activities Continued...**

**Benefits of Yoga - Ages 13+**

July 13, 20, 27 & August 10, 17, 24, 31 & September 7  
7:15pm - 8:00pm

**Social Seekers - Ages 18-28**

July 21, August 4, 18, September 8, 22, October 13, 27,  
November 10, December 1, 15  
5:00pm - 7:30pm

**Kids Cooking Class - Ages 8-14**

July 15, 22 & August 5, 12, 26 & September 9, 16, 23  
9:00am - 10:00am

**Painting and Drawing Class - Ages 13+**

July 15, 22 & August 5, 12, 26 & September 9, 16, 23  
10:30am - 11:30am (New time.)

Please visit our website: [www.soshoesupport.org](http://www.soshoesupport.org) to view the latest monthly calendar and activity summary. You will also be able to download a registration form.

For more information about any of the activities at the Family Support Center, please call: (781) 331-7878 or e-mail: [rmccorkle@soshoesupport.org](mailto:rmccorkle@soshoesupport.org)

