



Family Support Center
435 Columbian Street
Weymouth, MA 02190

New Family Support Center Policy for in-person classes.

Check your symptoms before leaving home to come to classes. If you do not feel well, do NOT come to classes. Please contact Family Support Center of your illness. .

Do you have a fever (temperature over 99.6 degrees F) without having taken any fever reducing medications? Yes No

Congestion or Runny Nose?

Yes No

Shortness of Breath?

Yes No

Headache?

Yes No

Loss of Smell or Taste?

Yes No

Chills?

Yes No

Cough?

Yes No

Muscle Aches?

Yes No

Sore Throat?

Yes No

Fatigue?

Yes No

Have you experienced any gastrointestinal symptoms such as nausea/ vomiting, diarrhea, loss of appetite? Yes No

When you get to family support center staff meet you at your car, we need to do the wellness checklist with you and take your temperature. We will then log you in. We will use a non-contact thermometer that scans your forehead.

If you are okay according to your wellness check and have a temperature below 99.6 you can come in family support center. If your temperature is over 99.6 you need to go back home and rest.

All persons, i.e., individuals, caregivers, staff, and instructors (regardless of vaccination status) will be required to continue wearing face coverings while participating in activities at the family support center.

Registration will be required for all participants, including those who choose to continue participating by Zoom. For those wishing to participate in person, registrations will be taken on a "first come, first served" basis. Until further recommendations are given, we will operate (in person) at 50% capacity. This will allow us to have a total of fifteen (15) people in person for classes. This number includes anyone participating or helping with the class.

At the beginning and end of each class, sanitizing and disinfecting solutions will be used to clean the area used. A face covering or mask will be worn that covers the nose and mouth.

Three (3) feet or more of social distancing between masked individuals indoors.

All individuals must bring their own water bottle or drink with their name clearly written on the bottles.

If we are notified of exposure all participants will be contacted. We will have to shut down for two weeks. You will be switched back to Zoom for those two weeks. That is why the wellness checks and the temperature checks are so important.

Policies put into place to ensure a safe summer for our individuals and staff during the COVID-19 pandemic.