



May 2022

Dear Friends of South Shore Support Services,

May is nurses month and we have so many wonderful, dedicated nurses at South Shore Support Services to thank. Your hard work and commitment across our residential homes and Adult Family Care program deserve more than a month of gratitude. We salute our nurses for their vital contribution to all those supported by SSSS especially throughout the COVID 19 pandemic. We have had so much positive feedback from the individuals supported, their families, co-workers and program directors for all of you who have worked through so many unknowns these past two years. Your compassion and tireless efforts to keep people safe throughout the pandemic has been extraordinary. On a daily basis you go above and beyond, advocating in hospitals for quality care, finding the best specialists and creating positive relationships with health care providers, developing and training staff on individual protocols and treating all with respect and kindness. It has been said that " a nurse is just another word to describe a person strong enough to tolerate anything and soft enough to understand everyone" Thank you all for all you have done and continue to do.



Remote Supports and Monitoring Have Started



We will be starting our remote support and monitoring with with three referrals and Greg has allowed us to share his story to highlight how remote supports will enhance his existing services. Greg lives in his own apartment and has maintained a job at Stop and Shop for 30

years. Although Greg enjoys his independence, he has had in person staff to help him keep his apartment clean, help with cooking, assist with organizing and remind him to keep up with his tooth brushing and showering as well as daily medication. Unfortunately, with current staffing shortages, staff have been inconsistent and Greg would rather use his in person hours to do things he enjoys like fishing, going to the gym, seeing live wrestling and monster truck events. With the introduction of RSM services, Greg will receive a call every morning to talk about his upcoming day, ensure he has taken his medications, and receive daily reminders to shower and brush his teeth before work. With the help of an assistive technology toothbrush and smart oven, Greg will increase his independence cooking healthy meals. Safeinhome remote staff will call Greg each night at dinner time and stay on his two way communication tablet while he uses his smart oven with automatic food sensors and shut off while cooking healthy dinners. Greg will also have a small geocom devise that he hopes to carry with him on daily walks and talk to staff for company while walking. With the push of a button, Greg can talk to live staff at any time. His SSSS in person staff will continue to check in to be sure the technology is working the way Greg would like and the team will make any needed changes based on Greg's feedback.

**Please join us for our Spring Soiree
Friday, May 20, 6:00 PM - 9:00 PM**



South Shore Support Services invites you to participate in our Spring Soiree. The Soiree will be held on Friday, May 20, at the Cohasset Lightkeepers, from 6:00 pm - 9:00 pm. What makes this evening truly magical is that it is centered around the individuals we serve. You will be amazed by our budding chefs, enthusiastic greeters, smiling servers, talented artists, and gardening aficionados. They look forward to this event so they can mingle with our guests and display their skills and talents. If you would like to learn more, sponsor our event to support vital programs or purchase tickets, please visit our website.

[Visit our Website](#)

Seeking Feedback From Our Community

We at South Shore Support Services are always looking for feedback to improve our service delivery systems. If you have any suggestions, our just want to acknowledge an exceptional staff member, please use the link to share your thoughts. While your comments are anonymous, you can provide your contact information if you would like one of our quality enhancement staff to contact you.

[Share your thoughts](#)

Launch's Healthy Snacks for Seniors to Start Soon



Through a generous grant from Pilgrim Bank Foundation, Launch is busy prepping the food trailer and reaching out to grocery stores to partner on our healthy snacks for seniors initiative. Our interested Launch members have secured a kitchen to prep at a local church and the food trailer is being wrapped with the Launch Eats logo. Soon our Launch members will begin their paid employment opportunity and will visit senior housing complexes to deliver snacks, share some music and conversation and develop friendships. We continue to seek grants and donor support to increase this initiative to five days per week.

Family Support News



Our assistive technology devices are slowly arriving and staff are being trained on each device so our training and lending library can be set up. We are looking forward to showcasing new technology in our center and highlighting equipment in our newsletters.

There is still room in our common housing application workshop.

The Family Support Center is also offering one-to-one workshops to help families fill out the Common Housing Application for Massachusetts Programs (CHAMP) application. We also will be hosting a first Aid and Injury Prevention class, a Community Safety session as well as a presentation from emergency personnel.

Assistance filling out the CHAMP application is being offered on Wednesday, May 25, from 4:00 pm - 8:00 pm. If interested in attending, please email: rmccorkle@soshoresupport.org or call: 781-331-7878 ext. 11 These sessions are held for an hour on the hour.

Friday, June 3rd - Time: 4:30PM -7:30PM First Aid and Injury Prevention Class
Join us for a hands-on class to learn first aid and injury prevention. We will focus on recognizing an emergency and practicing how to respond. You will also learn to treat 8 types of common injuries.

Our goal is to help participants to feel confident to respond if they or someone else is injured or has an emergency at home, work or in the community. They could save a life! The instructor is certified through the American Heart Association. We will be working in our kitchen to make a meal using the skills learned during the class.

Friday, June 17th Time: 4:30PM -8:30PM Community Safety

Community Safety Skills are any skills that an individual needs to be safe and independent in the community setting. We will be having fun learning those skills at Alley Katz in Kingston and dinner at a local 99 Restaurant

Cost: \$20.00 per person

Friday, June 24th: Time: 4:30PM -7:30PM A Presentation by Emergency Personnel

More information to follow. After the class, we will have dinner at the Family Support Center

The Family Support Center is hosting an ice cream social to celebrate the beginning of summer with music & dancing. Please join us on Sunday, June 5, from 4:00 pm - 6:00 pm. It will be held at King Oak Hill Park, 0 Emery Lane (off of Commercial Street), Weymouth. Registration fee: \$10.00



[See our Calendar](#)

SNAP benefits can now be used to order food from Amazon and in some areas from Amazon Fresh

Frequently Asked Questions SNAP and Sign-up

Who is eligible to use SNAP EBT on Amazon?

Amazon is part of a pilot run by the United States Department of Agriculture (USDA) to accept SNAP EBT online. Currently, customers with a valid SNAP EBT card in all states except Alaska and Hawaii can use their SNAP funds on Amazon. Check back here for updates as we work alongside the USDA to expand our coverage to other areas.

How do I sign up to use my SNAP EBT benefits on Amazon?

To use your SNAP EBT card, visit www.amazon.com/snap and follow the instructions on the screen. If you are not already an Amazon customer, you will need to create an account. There are also opportunities to add an EBT card during checkout or in your wallet.

Do I need a Prime membership to use my SNAP EBT card on Amazon?

No. Shopping with a valid SNAP EBT card issued by an eligible state allows you to access Amazon Fresh without Amazon Prime. Currently, we accept SNAP EBT in all states except: Alaska and Hawaii. Order minimums still apply to Amazon Fresh and Amazon.com groceries to receive free shipping.

Can I pay with SNAP EBT using my Amazon Business account?

Amazon Business accounts are not eligible for SNAP EBT payment. You will need to sign into your personal account to use your SNAP EBT benefits online.

Who is eligible to use P-EBT on Amazon?

Pandemic Electronic Benefit Transfer (P-EBT) is part of the U.S. government response to the COVID-19 pandemic. Currently, customers with a valid P-EBT card in all states except Alaska and Hawaii can use their P-EBT funds to purchase eligible foods on Amazon and receive the same benefits as customers with a SNAP EBT card. Information in this FAQ page applies for SNAP EBT and P-EBT.

Stores

What are the differences between Amazon Fresh and groceries on Amazon?

Customers can use their SNAP EBT benefits to purchase items on Amazon.com and Amazon Fresh (available in select regions).

Amazon Fresh:

Amazon Fresh is similar to your typical grocery store, delivering perishable, shelf-stable and household products in everyday package sizes, available in select regions. Amazon Fresh is typically available only to Prime members. However, Amazon is making Amazon Fresh selection available to customers who shop with a SNAP EBT card in eligible regions without Prime membership fees. To receive free delivery on Amazon Fresh orders, purchase \$35 or more (\$50 in select regions) of eligible items. You can also place a smaller order and pay a shipping fee. Your SNAP EBT card cannot be used to pay for the shipping fee if you do not meet the order minimum and you will need to provide an alternate form of payment.

Customers can schedule their preferred delivery time within a 1 or 2-hour delivery window, as early as same day. Please visit [About Amazon Fresh Delivery](#) for more information. For more information on Amazon Fresh, visit [About Amazon Fresh](#).

Groceries on Amazon:

The Grocery and Gourmet Food category on Amazon features pantry staples, shelf-stable food and household items, available nationwide. There is no minimum spend for Prime members to receive free shipping. If you are not a Prime member, you can receive free delivery on Amazon.com grocery orders by purchasing \$25 or more of eligible items. You can also place a smaller order and pay a shipping fee. Your SNAP EBT card cannot be used to pay for the shipping fee if you do not meet the order minimum and you will need to provide an alternate form of payment.

NOTE: We strive to keep costs low for you by shipping in the most efficient way possible. Therefore, the minimum order size for free shipping is calculated separately for Amazon Fresh and Amazon.com groceries. To receive free shipping for any one of these programs, simply meet order minimums for that program and shipping fees will be waived.

Can I add a tip to an Amazon Fresh order when I pay with SNAP EBT?

No. SNAP funds can only be used for select food items and cannot be used for fees or tips. Once an EBT card is attached to an Amazon Fresh order, the option to add a tip will be disabled.

Eligible Items

What items are eligible for purchase with SNAP EBT funds?

According to government requirements, SNAP EBT funds can only be used for SNAP-eligible food items that are shipped and sold by Amazon.com. You can identify which items on Amazon are eligible for purchase with SNAP by looking for the “SNAP EBT eligible” label near the product name.

Can I buy non-SNAP eligible items with an alternative form of payment?

Yes, you can buy non-SNAP-eligible items with other forms of payment. Simply add an additional payment method, such as a gift card, credit card or debit card, at checkout. Customers can also add cash to their Amazon Balance at any participating Amazon Cash location. Visit [Amazon Cash](#) to learn more.

Why do similar grocery items have different SNAP eligibility? Ex. One flavor or size is eligible while another is not.

According to USDA requirements, food items must be sold by Amazon to be eligible for purchase with SNAP EBT funds. Since Amazon allows third parties to sell items in the Amazon store, a product may have multiple offers by multiple sellers. In that case, only the grocery offer that is sold by Amazon will be eligible for purchase with SNAP EBT. These offers indicate that they are “Shipped and Sold by Amazon” on the product detail page.

Why can't I pay for my 'Subscribe & Save' item with my SNAP EBT card?

According to government requirements, SNAP purchases require customers to authorize the transaction by entering their PIN. Since ‘Subscribe & Save’ orders are automatic recurring orders, this authorization is not possible. You may still subscribe to items using an alternative form of payment, such as a debit or credit card.

Can households participating in the SNAP program purchase eligible food online from Whole Foods Market using their SNAP benefits?

No. However, many Whole Foods products are available through the Amazon.com groceries and Amazon Fresh delivery programs.

Shipping

Can I use SNAP EBT funds to pay for shipping or delivery?

No. USDA requirements prohibit using your SNAP EBT funds to cover shipping or delivery fees. However, it's possible to earn free shipping by adding enough qualifying items to your order.

If I place an order without using my SNAP EBT card, can I still get free shipping (provided I meet the minimum order size for free shipping)?

Yes. You can order from Amazon without using your SNAP EBT card and still receive free shipping if you spend the minimum amount to qualify for free shipping.

What if I don't meet the free shipping minimum? Can I still buy my items?

Yes. You can still buy your items but you will be charged a shipping fee and you will be asked to provide an alternate form of payment to cover the shipping fee.

Do non-SNAP eligible items help me qualify for free shipping?

Yes, both SNAP-eligible and non-SNAP eligible items in your cart will count toward the free shipping minimum regardless of payment method or SNAP eligibility. Please note that free shipping is calculated separately for Amazon Fresh and groceries on Amazon.

Delivery

How can I tell if I am eligible for delivery on purchases using my SNAP EBT card?

After you visit www.Amazon.com/snap, you will be prompted add your card and sign up. During the sign up process, you will have an opportunity to input your SNAP EBT card information. You will be notified whether or not your card is eligible at that time.

Why is my state not eligible for delivery using my SNAP EBT card?

Amazon is participating in a government pilot program to accept SNAP EBT benefits online. Currently, customers with a valid SNAP EBT card in all states except Alaska and Hawaii can use their SNAP funds on Amazon. Check back here for updates as we work alongside the USDA to expand our coverage to other areas.'

Payment

What can my SNAP EBT card be used to pay for?

Your SNAP EBT card can be used to pay for SNAP eligible grocery items sold by Amazon. It cannot be used to cover tips, delivery/shipping fees, gift wrap, food items sold by third-party sellers, or non-eligible grocery items. Visit the USDA's website (www.fns.usda.gov) for more information on eligible food items.

Do I need to have a credit or debit card to shop on Amazon?

No, you do not need to have a credit or debit card. However, it helps to have a credit or debit card on file for when you want to pay for items that are not SNAP eligible, when your order does not meet the minimum and shipping fees are charged, or when your SNAP funds run out. If you are not a Prime member and your order meets the free shipping minimum, you will need an additional payment method on file to select the free shipping option at checkout.

What if I do not have a credit or debit card and wish to purchase items with cash?

If you do not have a credit or debit card but would like to purchase non-SNAP eligible items with cash, you can use a gift card or Amazon Cash. With Amazon Cash, you preload funds onto your Amazon account via an authorized retailer. To learn more, please visit [Amazon Cash](#).

Can I check out using multiple forms of payment?

Yes. You can use multiple forms of payment, such as a SNAP EBT card and a credit card, when you check out. You will need to do so if you have non-SNAP eligible items in your cart or to cover shipping fees. Please note that only one SNAP EBT card can be used per order.

Can I use SNAP EBT cash to pay for eligible items?

No. Currently, we can't accept EBT cash. To pay for eligible food items on Amazon.com you can use SNAP EBT funds.

Other retailers in Mass accepting SNAP benefits on line

- Amazon
- BJs Wholesale Club
- Daily Table
- Hannaford
- McKinnon's Supermarkets
- Price Chopper Supermarkets
- Price Rite
- Stop & Shop
- Walmart
- Wegmans

Employment Opportunities

Adult Family Care Case Manager Part Time - Conduct home visits with each individual at the qualified setting bi-monthly (alternating with the bi-monthly visit by the registered nurse) for Level I, and monthly for Level II. Provide counseling and support for the family, monitor health and safety in the home, and regularly receive and review the AFC caregiver log. Support, evaluate and train families/caregivers in conjunction with the registered nurse. Provide referrals to community service organizations when needed. Assist individuals and families to advocate for their needs, providing information and referral to community resources when required. Provide case management as needs arise. Assist families with coordinating care and services. Document all visits and communication and complete required MassHealth documentation. Complete a care management progress note corresponding with each on-site visit and upon significant change.

Schedule: Flexible Part Time

Vocational Community Support Advocate - Hingham and Cohasset: The Vocational/Community Support Advocate (VCSA) assures a safe and caring environment for the Launch participants during program activities. The VCSA will effectively implement the Community-Based Day Supports (CBDS) and Vocational curriculums that address the goals and visions of the participant's individual support plan. The VCSA will provide support, assistance, and instruction to adults with intellectual and developmental disabilities in areas that empower their growth toward self-sufficiency and independence in the workplace and community. The VCSA is a role model for Launch Program participants, parents/guardians, community members, volunteers, and staff in presenting a positive and cooperative attitude.

Schedule: Monday through Friday, 7:30 am to 3:30 pm.

Residential Registered Nurse and Licensed Practical Nurse: The RN and LPN will provide compassionate nursing care to adults with developmental, intellectual, and/or physical disabilities in a supervised residential setting. The RN/LPN will monitor resident's health status

and support/provide opportunities for skill building in a way that promotes growth, independence, dignity, and a meaningful life.

Schedule: Flexible. Part-time and full-time opportunities available.

Interested candidates should e-mail Jenni Gunnarson at jgunnarson@soshoresupport.org for an application

Thanks for reading!

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[Visit our Website](#)

