



# THE EXCHANGE

WINTER  
2018



## THANK YOU!

Thank you to all of you who helped make our 10th Annual Golf Tournament the greatest success thus far. With your help and support, we raised nearly \$35,000! Below, and in this issue, is a list of sponsors. Next time you visit one of them, don't fail to mention how grateful you are for supporting South Shore Support Services as we continue to support those with intellectual and developmental disabilities to "live a life of purpose for that is the purpose of life."

### Gold Sponsor

- **The Frye Agency**

### Silver Sponsors

- **Paul Hartel of Hartel Realty**
- **South Shore Children's Fund: JT Rocks!**

- **Nancy Carell**

- **Hingham Institution for Savings**

### \$500 Outing Sponsors

- **Hanscom Federal Credit Union**
- **Personal Computer Resources**
- **Teamsters Local Union 25**
  - **Milton Police**
  - **Rockland Trust**
  - **The Ellison Family**

### Hole in One Sponsor

- **Ocean Honda of Weymouth**

Please take a moment to see the rest of the list printed on an insert in this newsletter. If you happen to notice that we failed to mention you or another one of our valued supporters, please accept our sincerest apologies. And please let us know so that we can properly acknowledge you in our next newsletter. Again, thank you so much for your support, and please join us again next year on Friday, October 6, 2018.

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Please join us for another fundraiser. Wahlburgers in the Hingham Shipyard is offering friends of South Shore Support Services a tasty way to support our mission. On Thursday, January 18, from 11am - 9pm, Wahlburgers will donate 15% of your bill to South Shore Support Services. All you have to do is show them this spot in the newsletter. You can also stop by the administrative office for a letter to take with you.

There will also be a raffle for a Wahlburger gift card, whale watch tickets, wine baskets, and more. Call Janis Jensen at (781) 534-5888 for more information. We look forward to seeing you there.

### How to reach us:

#### Administrative Office

Phone: (781) 331-7870

E-mail: [info@soshoresupport.org](mailto:info@soshoresupport.org)

#### Family Support Center

Phone: (781) 331-7878

E-mail: [fsc@soshoresupport.org](mailto:fsc@soshoresupport.org)

#### Training Center

Phone: (781) 331-8420

E-mail: [mfield@soshoresupport.org](mailto:mfield@soshoresupport.org)



**John Turco** ... of Rogers & Gray Insurance, was this year's Honorary Guest at our Tenth Annual Charity Golf Tournament and Dinner/Auction. John helps South Shore Support Services with employee benefits, such as health insurance. When asked about his connection to South Shore Support Services, he related it was much like the guiding principal at Rogers & Gray... "Do the right thing." He said that this means more than just getting a "nice feeling". Doing the right thing involves making a choice to do something for the betterment of others, even at times when it's difficult.



**Gayle Daylrimple** ... was honored as the Maureen Richard Volunteer of the Year. Like Maureen, Gayle has been a tireless advocate for those with developmental and intellectual disabilities. How much so? Gayle has been a member of the Board of the Directors since the inception of South Shore Support Services all the way back to 1995. Thank you Gayle for your continued input and support; we hope you know just how much we appreciate you.



**Shirley Paul-Philip** ... was honored as The Jeanne Hamilton Employee of the Year. Shirley started working for South Shore Support Services in February 2004. She started as a case manager and PCA. And then from a Family Support Coordinator to Assistant Director of Family Support. Shirley wants everyone to know how much she has enjoyed working for South Shore Support Services - with the clients and the wonderful staff at the Family Support Center.

## South Shore Support Services Training Center

**First Aid**

Date: February 7 or March 7  
Time: 1pm

**CPR**

Date: February 21 or March 21  
Time: 2pm

**Medication Administration Program (MAP)**

CERTIFICATION CLASSES (Monday - Thursday)

Dates: Jan 22-25 or Feb 26-Mar 1 or Mar 19-22

Time: 9:30am -1:30pm.

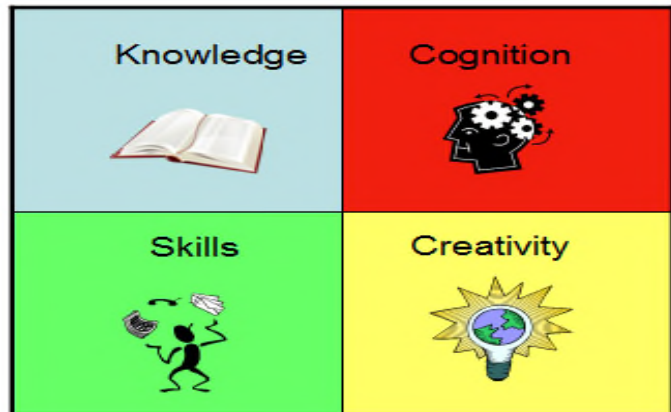
RECERTIFICATION CLASSES

Dates: Jan 17 or Feb 14 or Mar 13

Time: 9am - 2pm.

REGISTRATION REQUIRED: [lauriemcgrath@soshoresupport.org](mailto:lauriemcgrath@soshoresupport.org) or through the training department. EMAIL PREFERRED. Please specify which class you are registering for.

Location for all MAP classes: The Moorings, 420 East Squantum St, Quincy. (Enter at side door on the right) Please park in visitor parking only.



**Safety-Care (Behavioral Safety Training)** You must be able to attend all days during the offered session to register.

1/23/18 - 9:30am-4:30pm RECERTIFICATION ONLY

2/8/18 - 9:30am-4:30pm RECERTIFICATION ONLY

2/13/18 - 2/15/18 (3 day session) 10am-2pm each day

3/1/18 - 9:30am-4:30pm RECERTIFICATION ONLY

3/8/18 - 3/9/18 (2 day session) 9:30am-4:30pm each day

3/14/18 - 9:30am- 4:30pm RECERTIFICATION ONLY



Brennan Srisirikul

**Brennan**, born in Bangkok Thailand, is a singer, actor, and motivational speaker. He also happens to be in a wheelchair. As a motivational speaker, he has spoken at numerous conferences, spanning as far as Honolulu, Hawaii. He was the keynote speaker at the Massachusetts Federation for Children with Special Needs. He is proud to be an advocate for diversity, equality, and inclusion. The Family Support Center is pleased to welcome Brennan as the keynote speaker at their Transition Conference on Saturday, April 14, at the Best Western Adams in Quincy. Check in will begin at 8:30am with continental breakfast items served.

This event was originally scheduled for this past October, so if you couldn't come then, perhaps this will be a better time for you and your family to attend. Please watch for more details regarding topics and registration from the Family Support Center.

Program/ Ages	Dates	Time/Cost	Description of program
<b>NEW PROGRAM</b> <b>Skills for Modern Man</b> young men Ages 18-28	January 29 February 5-12-26 March 5-12-19-26 April 2-9	6:30pm - 8:00pm \$120 for supplies and monthly outings Pre-registration is required	Place: South Shore Support Services 884 Washington Street Weymouth, MA 02189
<b>MOM to MOM Support Group</b> Facilitated by Ann Joyce, RN	January 10 No group on Feb.14 March 14	6:30pm - 8:00pm New Location Place: 435 Columbian Street Weymouth, MA 02190 RSVP: to 781-331-7878 ext. 11	This group will provide an opportunity for you to share common feelings, fears and experiences that only moms of a child with a developmental disability can relate to. In addition, the group provides support and community resources addressing topics that are relevant both today and for the future of your family.
<b>NEW PROGRAM</b> <b>Fun and Fitness Class</b> Ages 6+	January 23- 30 February 6-13-27 March 6-13-20	4:30pm - 5:30pm \$64.00 for 8 weeks	Wall-to-Wall jumping, sliding, and bouncing fun features inflatable slides, jumps, and obstacle courses, guaranteed to keep your kids active, happy, and healthy. Place: KidZone 175 Washington St. Norwell, MA 02061-1709 To participate you must fill out a Kidzone Liability Waiver.
<b>NEW PROGRAM</b> <b>Kids Cooking Academy</b> Ages 8-15 years	January 17-24-31 February 7-21-28 March 7-14	4:30pm - 6:00pm \$120.00 for 8 weeks Includes dinner Min – 3 kids Max – 6 kids	They will begin learning to follow recipes and gain confidence in the kitchen; they also get to practice their growing math and reading skills. Watch them learn about the science of cooking when they see their pizza dough rise and much more. Knife skills and kitchen safety are built into this curriculum. Come and cook up some fun with us!
*Culinary Connections Ages: 18+	New Session February 28 March 7-14-21-28 April 4-11-18 May 2-9-16-23	Daytime Class 11:00am - 12:30pm \$132.00 includes all materials	Strengthen kitchen and safety skills in this class. In addition to the nutritious food, you will make two delicious recipes while socializing with friends. Improve your cutting, measuring, and mixing skills. Follow a recipe and learn how to wait for your delicious creation to cook. Have a great time!



*Supporting Individuals to  
Live Meaningful Lives...  
One Person at a Time*

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**[www.soshoresupport.org](http://www.soshoresupport.org)**



***Please notify us of any address changes or corrections.***

**Diabetes & Blood Sugar Monitoring**

January 30 at 10AM

**Seizure Disorders**

February 6 at 10AM

**Introduction to Autism Spectrum Disorders**

February 9 at 10AM

**BPH/Prostate, UTI & Catheter Care**

February 12 at 6:30PM

**Pneumonia**

February 22 at 10AM

**Ostomy Care & Skin Care**

March 6 at 10AM

These trainings (and others) are open to staff, family members, and caregivers. For more information about any of the classes at the Training Center or to register, please contact Michael Field, Director. You may reach him by calling (781) 331-8420 or by email: [mfield@soshoresupport.org](mailto:mfield@soshoresupport.org). Note: Registration is required for capacity as well as cancellation notification purposes. If there are no registrations 24 hours before a scheduled training, it is usually cancelled.

*Wall-to-Wall jumping, sliding, and bouncing fun features inflatable slides, jumps, and obstacle courses, guaranteed to keep your kids active, happy, and healthy at...*

Fun and Fitness Classes  
Ages 6 - 106

*Time: 4:30pm – 5:30pm*

*Place: KidZone  
175 Washington Street  
Norwell, MA 02061*

*January 23 & 20*

*February 6, 13, & 27*

*March 6-13-20*

*Only \$64.00 for all 8 weeks.*

*To participate, you must fill out a Kidzone Liability Waiver.*

Please visit our website: [www.soshoresupport.org](http://www.soshoresupport.org) to view the latest monthly calendar and activity summary. You will also be able to download a registration form. For more information about any of the activities at the Family Support Center, please call: (781) 331-7878 or e-mail: [rmccorkle@soshoresupport.org](mailto:rmccorkle@soshoresupport.org)